

Ms. Shelley L. Imholte, Ph.D., LCSW, M.Ed.

701 Morrow Street

Austin, Texas 78752

(512) 431-3721

Email: shelley@sexuallifeimprovement.com

Education

Widener University

School of Human Service Professions

Center for Human Sexuality Studies

One University Place

Chester, PA 19013

Masters of Education-Human Sexuality Education

Graduated 2010

Doctor of Philosophy-Human Sexuality; Sex Therapy Track

Graduated: August 25, 2017

Dissertation: *Mindfulness Sexuality: From the ABCs of Sex to the MBCs (Mindfulness, Body, & Couple) of Sexual Satisfaction*

Texas State University

College of Education

601 University Drive

San Marcos, TX 78666

Visiting PhD Student

August 2009 – May 2011

Department of Education- Statistics and Advanced Statistics

University of Texas at Austin

School of Social Work

1 University Station D3500

Austin, Texas 78712-0358

Masters in Social Work-Direct Clinical Program

Graduated 2007

Park University

6929 Airport Blvd. Suite 127

Austin, TX 78752

Bachelors of Science-Social Psychology/Honors

Graduated 2003

Austin Community College

1212 Rio Grande

Austin, Texas 78701

Associates Degree-Human Services

Graduated 2000

Professional Work Experience

January 2011 -Current

Shelley L. Imholte, Ph.D., LCSW
701 Morrow Street
Austin, Texas 78752
(512) 431-3721

Owner: Sexual Life Improvement, PLLC

www.sexuallifeimprovement.com

Engage in clinical social work practice and clinical supervision according to the State of Texas Board of Social Workers. Duties include abiding by all legal, ethical, and moral practices of clinical social work with individuals, couples, families, and/or groups. Offer psycho-educational workshops and presentations to the general public and/or professional groups and/or organizations. Conduct informed consent, HIPAA privacy notice, schedule clients, perform bio-psycho-social-sexual-spiritual assessments, diagnose clients according to the DSM-V, develop coherent treatment plans, maintain client records, and act as a professional at all times.

State of Texas Board Approved Supervisor

Active: August 2014

Texas State Board of Social Work Examiners Continuing Education Sponsor

Provider: 7320

Expires: 6/30/2018

Texas State Board of Examiners of Professional Counselors

Provider: 2995

Expires: 6/30/2018

Texas State Board of Examiners of Marriage and Family Therapists

Provider: 1107

Expires: 6/30/2018

June 2007 – January 2011

Sol Associates, PLLC
3400 Kerbey Lane
Austin, Texas 78723
(512) 589-5164

Staff Psychotherapist/LMSW

Director-Steven A. Milan, LCSW
www.solhealing.com

Engage in clinical social work practice under the supervision of Steven A. Milan, LCSW at Sol Associates, PLLC with an approved supervision plan by the Texas State board of Social Work. Duties include abiding by all legal, ethical, and moral practices of clinical social work with individuals, couples, families, and/or groups. Offer psycho-educational workshops and presentations to the general public and/or professional groups/organizations. Participate in face-to-face clinical supervision in both an individual and group setting. Conduct informed consent, HIPAA consent, schedule clients, perform assessments, diagnose clients according to the DSM-IVR criteria, develop coherent treatment plans, maintain client records, and act as a professional at all times.

January 2008 – October 2008

Scott & White Hospital
2401 S. 31st Street
Temple, Texas 78508
(254) 724-8374

Licensed Masters Social Worker

Manager: Elmyra Encarnacion, MD
www.sw.org

Participate as an interdisciplinary team member with the Plummer Movement Disorders Center/Neurology Section. Conduct intensive patient psychosocial assessment including the use of psychometric measures; provide referrals and resource information to patients and family members. Act as an outreach liaison in the Central Texas Region attending health fairs, speaking at community educational symposiums, and healthcare professional symposiums on Parkinson's disease. Develop, conduct, and compile findings from focus groups with diverse cultures to identify unmet needs of the community. Provide clinical research services as a psychological rater.

August 2006 – 2012

SLI

1601 Peachtree Valley Drive
Round Rock, Texas 78681
(512) 431-3721

Independent Research Consultant

Inform potential investigators and identified research staff on the pharmaceutical industries drug development process including all phases of drug development. Provide extensive GCP, ICH, FDA, and clinical system training to all members of the study team. Communicate with all members of the research staff to ensure comprehension of his/her role as a member of the clinical research profession. Work on an individual basis with investigators and site personnel to ensure the proper conducting of clinical trials; including all regulatory requirements, the identification and reporting of adverse events and serious adverse events, creating effective recruitment strategies for the site, and provide guidance in budget and contract negotiations. Provide onsite training for clinical research staff (physicians, nurses, research coordinators, and ancillary services).

August 2006 – January 2007

Professional Quality Research
4113 Marathon Boulevard
Austin, Texas 78756
(512) 374-0677

Independent Clinical Research Site Manager

Site Development/Marketing

Manage staff activities regarding trial implementation. Design verbal and visual advertisement campaigns. Assure quality, consistency, and accuracy in conducting medical research. Responsible for recruiting qualified subjects, obtain informed consent, administer study medication, collect all objective/subjective evaluations, and supervise all data in case report forms. Maintain channels of communication with investigators, CROs, IRBs, representatives of the study sponsor, and manage ancillary research staff. Complete and comply with all documentation and regulations required by the study sponsor, the FDA, and HIPAA.

** See Attached Research Experience*

May 1998 – December 2006 Independent Clinical Research Coordinator

Women Partners In Health Clinical Research Coordinator
1305 West 34th Street, Suite 308
Austin, Texas 78705
(512)459-8082

Develop and negotiate budgets on all separate protocols. Design verbal and visual advertisement campaigns. Assure quality, consistency, and accuracy in conducting medical research. Responsible for recruiting qualified subjects, processing all regulatory documents, obtain informed consent, administer study medication, collect all objective/subjective evaluations, and supervise all data in case report forms. Maintain channels of communication with investigators, CROs, IRBs, and representatives of the study sponsor. Complete and comply with all documentation and regulations required by the study sponsor, the FDA, and HIPPA.

** See Attached Research Experience

Professional Memberships

- Society for the Scientific Study of Sexuality (SSSS)
Student Member 2006-Present
- American Society for Sexual Educators, Counselors, and Therapists (ASSECT)
Student Member 2006-Present
- Texas Society of Clinical Social Workers (TSCSW)
Student Member 2007-2011
- International Society for the Study of Women’s Sexual Health (ISSWSH)
Student Member 2006-2011
- American Group Psychotherapy Association (AGPA)
Student Member 2008-Present
- National Association of Social Workers (NASW)
Student Member 2007-2009

Professional & Community Engagements

Aging and HIV/AIDS Symposium <i>Sexuality, HIV/AIDS and Aging</i> Keynote Speaker	December	2016
US Too-Summer Series <i>Sexual Activity after Prostate Cancer-Different but Still Possible</i> Part I Part II Workshop Facilitator	July August	2016 2016
University of Texas Office of Professional Development School of Social Work – GRACE program <i>Biopsychosocial Factors related to Age and Sexuality</i> Full Day Workshop Facilitator	April	2016
Cancer Rehab Austin	March	2016

Cancer & Sexuality: What do we know and what do we need to know?

Guest Speaker

Association for Applied and Clinical Sociology October 2015
2015 Annual Conference

What Strategies may be effective to address Erectile Dysfunction in Men of Color?

Workshop Co-Facilitator

KOOP – Issues for your Tissues September 2015

Sexual Health and Prostate Cancer-Prostate Cancer Awareness

Radio Guest

Austin American Statesman – Mystatesman.com July 2015

How to have the sex talk with your aging parents

<http://www.mystatesman.com/lifestyles/parenting/how-have-the-sex-talk-with-your-aging-parents/VzWwvT9tY44bo98dsP7cTO/>

Contributing Specialist

US Too December 2013

Can Prostate Cancer Survivors Sexually Thrive?

Guest Speaker

US Too Town Hall July 2013

Volunteer/Community Resource

Women’s Urological Health Seminar May 2012

The Urology Team, Austin, TX

Female Sexual Health

Guest Speaker

Men’s Health Seminar July 2012

The Urology Team, Austin, TX

Male Sexual Health

Guest Speaker

Pints for Prostates October 2011

Volunteer Community Dialogues

US Too University Symposium, Chicago, IL August 2011

Tools, Exercises and Skills for Support Group Facilitation and/or Speaking with Anxious, Fearful or Angry Individuals

Half-Day Workshop Facilitator

Sullivan’s Physical Therapy Blog Radio February 2011

Psychotherapy Treatment for ED after Prostate Cancer

<http://www.blogtalkradio.com/pelviczen/2012/04/03/psychotherapy-treatment-for-erectile-dysfunction>

Radio Guest

Scott & White Hospital April 2008

Plummer Movement Disorders Center

Annual Community PD Symposium

Parkinson Disease: It’s Not Just About the Shakes

Guest Speaker

Research Experience

Psychological Rater, Scott & White Hospital, Neurology Department. (April 2008-October 2008) Novartis Pharmaceuticals. An 8-week, prospective, randomized, double blind, double dummy, active controlled, multi center comparison study of the effects of Stalevo versus immediate release carbidopa/levodopa on non-motor symptoms in patients with idiopathic Parkinson's disease and demonstrating non-motor symptoms.

Independent Clinical Research Consultant for Austin Ear, Nose, & Throat. (December 2006 – Present) Alcon Pharmaceuticals. A Randomized, Parallel Group, Double-Blind, Safety and Efficacy Study evaluating XXX as compared to XXX for the treatment of Acute Otitis Media with Otorrhea through Tympanostomy Tubes in pediatric subjects. Austin, Texas.

Independent Clinical Research Coordinator for KV Pharmaceuticals (February 2007 – January 2008). A Double-Blind, Placebo-controlled study evaluating the safety and efficacy of XXX combination cream for the treatment of vulvar vestibulitis syndrome. Austin, Texas

Independent Clinical Research Coordinator for Boehringer Ingelheim Pharmaceuticals (August 2006-January 2008) A Randomized, Double-Blind, Placebo-Controlled, Safety and Efficacy Study evaluating XXX for the treatment of Hypoactive Sexual Desire Disorder in premenopausal women. Austin, Texas

Independent Clinical Research Coordinator for Pfizer Pharmaceuticals (August 2006-February 2007) A Phase 2B Multicentered, Double-Blind, Placebo-Controlled, Parallel-Group, Dose Ranging Study evaluating the Efficacy and Safety of XXX for the treatment of moderate to severe vasomotor symptoms associated with menopause. Austin, Texas

Independent Clinical Research Coordinator for 3M Pharmaceuticals (May 2006-May 2007) A Randomized, Double-Blind, Placebo-Controlled, Dose Response Study to Evaluate XXX Gel Delivered Intravaginally Twice a Week for Two Three Week Cycles in Women who are positive for High Risk Genotypes of Human Papilloma Virus and have Mild Cytological Abnormalities. Austin, Texas

Independent Clinical Research Coordinator for GlaxoSmithKline Pharmaceuticals (February 2006-February 2007) A phase III, double-blind, randomized, controlled study to evaluate the safety, immunogenicity and efficacy of GlaxoSmithKline Biologicals HPV-XXX vaccine, administered intramuscularly according to a three-dose schedule (0, 1, 6 month) in healthy adult female subjects aged 26 years and above. Austin, Texas

Independent Clinical Research Coordinator for GlaxoSmithKline Pharmaceuticals (November 2005-January 2008) A phase III, double-blind, randomized, controlled, multi-center study to evaluate the efficacy of GlaxoSmithKline Biologicals' HPV-XXX vaccine compared to hepatitis A vaccine as control in prevention of persistent HPV-16 or HPV-18 cervical infection and cervical neoplasia, administered intramuscularly according to a 0, 1, 6 month schedule in healthy females 15-25 years of age. Austin, Texas

Independent Clinical Research Coordinator for 3M Pharmaceuticals (September 2005- September 2006) A randomized, double-blind, placebo-controlled, dose response study to evaluate XXX delivered intravaginally in women who are positive for high-risk genotypes of Human Papillomavirus and have cytological abnormalities. Austin, Texas

Independent Clinical Research Coordinator for KV Pharmaceuticals (May 2005-February 2007) A randomized, double blind, placebo-controlled, parallel-group study comparing XXX with Clindesse™, Gynazole-1® and Placebo. Austin, Texas

Independent Clinical Research Coordinator for Columbia Laboratories (April 2005- January 2008) A phase III, randomized, double-blind, placebo-controlled, multi-center study to assess the efficacy, safety and tolerability of XXX in preventing pre-term delivery in pregnant women at increased-risk for pre-term delivery. Austin, Texas

Independent Clinical Research Coordinator for GSK (March 2005-February 2007) A phase III, double-blind, randomized, controlled, multi-center study to evaluate the efficacy of GlaxoSmithKline Biological XXX vaccine compared to hepatitis A vaccine as control, in prevention of persistent HPV-16 or HPV-18 cervical infection. Austin, Texas

Independent Clinical Research Coordinator for Pfizer (March 2005 – June 2006) Multi-center, Double Phase, Randomized, Double Blind, Placebo Controlled (12-Week Double Blind followed by 12-Week Open-Label) Study Evaluating the effect of XXX on Urgency Urinary Incontinence, Urgency, Frequency, Sexual Quality of Life and Sexual Function in women with Overactive Bladder Austin, Texas

Independent Site Coordinator for Pfizer Pharmaceuticals and Health Research Associates (Sept. 2004 to November 2004) Distribute Questionnaire Based Screening Tool for HSDD. Marketing, Recruiting, and distributing potential screening measurement tool to women that are Post Menopausal. HRA-24-423A Austin, Texas

Independent Clinical Research Coordinator for Pfizer (October 2002-February 2004) conducting an open-label, Multi-Center extension study to evaluate the safety, toleration, and sustained efficacy of oral XXX administered to women who have been diagnosed with female sexual arousal disorder. Austin, Texas

Independent Clinical Research Coordinator for Pfizer (September 2002-June 2003) conducting a Randomized, Double Blind, Placebo-Controlled, fixed dose, Multi-Center study to evaluate the efficacy, safety, and toleration of oral XXX administered for 12 weeks to pre menopausal women who have been diagnosed with female sexual arousal disorder. Austin, Texas

Independent Clinical Research Coordinator for Pfizer (September 2002-July 2003) conducting a Randomized, Double Blind, Placebo-Controlled, fixed dose, Multi-Center study to evaluate the efficacy, safety, and toleration of oral XXX administered for 12 weeks to post menopausal women who have been diagnosed with female sexual arousal disorder. Austin, Texas

Independent Clinical Research Coordinator for KV Pharmaceutical Company (February 2003-April 2003) Multi-Center, Randomized, Single-Blind, Parallel Group study to evaluate the safety and efficacy of comparison of XXX 0.75% Vaginal Cream and XXX-Vaginal Gel in patients with bacterial vaginosis. Austin, Texas

Independent Clinical Research Coordinator for KV Pharmaceutical Company (February 2003-April 2003) Multi-Center, Randomized, Double Blind, Placebo Controlled, Parallel Group study to evaluate the safety and efficacy comparison of XXX vaginal cream 2% and XXX vaginal cream 0.75% versus placebo in patients with bacterial vaginosis. Austin, Texas

Independent Clinical Research Coordinator for KV Pharmaceutical Company (June 2002-April 2003) Multi-Center, Randomized, Single-Blind, Parallel Group study to evaluate the safety and efficacy of comparison of XXX vaginal 2% vaginal cream and XXX vaginal cream 2% in patients with bacterial vaginosis. Austin, Texas

Independent Clinical Research Coordinator for Sepracor (Jan 2002 –Mar 2002) Multi Center, six week, Double Blind, Randomized, Parallel Group study in the evaluation of XXX with subjects with seasonal allergic rhinitis during mountain cedar pollen season. Austin, Texas

Independent Clinical Research Coordinator for Park- Davis/Pfizer (1999-2000) Multi-Center, one year, Double Blind, Randomized, Parallel Group study to measure the effect of 12 months of aggressive or moderate lipid lowering therapy on the total coronary calcium volume score in post-menopausal patients. Austin, Texas

Independent Medical Research Coordinator Assistant for Parke-Davis (May 1998-Oct 1998) Multi-Center, 26 Week Randomized, Double Blind, Placebo Controlled, Parallel Group study in the evaluation of XXX with subjects with probable Alzheimer's disease. Austin, Texas