



## *Sexual Life Improvement, Inc.*

*From the desk of Shelley L. Imholte, Ph.D., LCSW, M.Ed.*

### **Consent Addendum**

### **COVID-19 Precautions**

Sexual Life Improvement will re-open for in-person (indoor or outdoor) and will also continue virtual sessions beginning Wednesday, July 6, 2021.

#### **COVID In-person precautions**

#### **Initials:** \_\_\_\_\_

Shelley L. Imholte, Ph.D., LCSW-S, M.Ed. is fully vaccinated (see vaccination card displayed in the waiting area) and has no history of COVID-19 infection. Sessions are available in person or virtually, indoors or outdoors. Sexual Life Improvement, Inc **requires face masks be worn in common areas (waiting area, kitchen, bathroom)** of The Healing House. Masks are also required while inside for persons who have not yet been vaccinated. Masks are available in the waiting area. Adequate social distancing (6+ feet) will be maintained for both indoor and outdoor sessions. There will be no physical contact throughout your time spent with Dr. Shelley. If you are experiencing symptoms of fever, body aches, diarrhea or a runny nose please do make arrangements with Dr. Shelley to reschedule to a time when you are feeling well, thank you.

The Healing House, home of Sexual Life Improvement, Inc. is equipped with [Reme-Halo](#), an in duct air purifying system, that has demonstrated [99.9% efficacy against COVID-19](#). Sexual Life Improvement, Inc office space is equipped with a [Medify MA-15 Air Purifier](#) with H13 HEPA filter that is used to clean the air in between sessions. Hand sanitizer is available as well as hand soap at both the kitchen and bathroom sink, please **use at least one method of hand care once you enter The Healing House**, thank you. Hand Sanitizer is also available outdoors for sessions scheduled for outdoors.

Sexual Life Improvement, Inc. is dedicated to quality public health and will adjust to virtual sessions as necessary to ensure the safety of all of us. In the event that Sexual Life Improvement, Inc. returns to quarantine due to high rates of COVID-19 according to *both* the [Center for Disease Control](#) Travis County data and [Austin Travis County](#) COVID-19 data you will be offered a virtual session. In addition to this addendum, you will be asked to review and agree to The Healing House release of liability related to COVID-19.

If you choose to attend an in-person session you are **required to wear a mask upon entering The Healing House**.

#### **SCHEDULING:**

#### **Initials:** \_\_\_\_\_

Scheduling is completed at the close of your session. All sessions will be either 60 or 90 minutes. If you are scheduled for an in-person session and move your session to a virtual session in **less than 24 hours a charge of \$25** will be added to your session fee, please keep this in mind as you prepare to schedule. To avoid late cancel fee please notify Dr. Shelley **within 24-hours of your scheduled session to avoid late cancellation fees**.

The Healing House  
701 Morrow Street  
Austin, Texas 78752

**PHONE:** (512) 431-3721

**EMAIL:** [shelley@sexuallifeimprovement.com](mailto:shelley@sexuallifeimprovement.com)



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### **RATES:**

**Initials:** \_\_\_\_\_

In response to COVID-19 rates at Sexual Life Improvement, Inc. were decreased to support economic well-being during a time of great uncertainty. Rates changes outlined below take effect July 6, 2021. These rates are subject to change based on changes related to COVID-19 adjustments. Sexual Life Improvement, Inc. will continue to donate a portion (\$10) of each session fee to [Global Giving Coronavirus Relief Fund](#).

### **RATE CHANGES:**

Late Cancel Fee		\$100
Individual	90 min	\$210
Individual	60 min	\$175
Couple	90 min	\$225
Couple	60 min	\$190

***\*\*Session fees are expected at the time of service (Check, Cash, PayPal digital credit card payment, Paypal invoicing on Friday of each week)*** Delinquent accounts (+90 days) are subject to action by a collection agency however this action will only take place once all efforts to reconcile your account have been exhausted.

### **Virtual Confidentiality Risks:**

**Initials:** \_\_\_\_\_

Online sessions or cell phone communication sessions differ significantly from in person sessions. There are confidentiality risks to online and phone sessions that are non-existent with in person sessions. Doxy.me is the online platform used for video sessions during this response period due to the privacy compliance. FaceTime and phone call sessions during this response period are conducted through my account with AT&T.

### **Risks include:**

- Internet providers (*mine and yours*) **may store data** that they may have access to that carries the potential for a breach of confidentiality.
- Internet connections (*mine and yours*) may be **strained and/or inoperable** due to the online demand during this response period
- History on laptops, tablets and phones may pose a risk to your confidentiality. Doxy eliminates all history at the close of each video call.
- Cellular phone providers (*mine and yours*) may store data (telephone numbers, duration of call) that may pose a risk to your confidentiality.

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- Privacy is high priority. Online video or phone communications may be convenient during this response period however, consideration of the environment you are in is crucial to your privacy. Family members may hear information that you would rather keep private, please be aware of this potential risk to your confidentiality.
- Payment for sessions are made through PayPal. Payment made through PayPal may risk your confidentiality due to personal information on a PayPal account. If you do not have a PayPal account you may mail a check to The Healing House.

### **Outdoor Confidentiality Risks:**

**Initials:**

The Healing House backyard offers great outdoor spaces that are available to you. Walks in the neighborhood are also available to you. Both outdoor experiences have elements of risk to your confidentiality. These risks include and are not limited to:

- Being seen when walking by persons who you may be connected to or close with.
- Being overheard by passerby while walking or in the backyard.

### **Confidentiality Reporting Requirements:**

**Initials:**

Dr. Shelley will make every effort to maintain your confidentiality. Due to the increasing stress and isolation related to the current COVID-19 pandemic persons may experience increased suicidality or self-harm behaviors. State of Texas law requires this information be provided to mental health practitioners remain confidential and is breached only under the following circumstances:

- *You are a danger to yourself or others.*
- *You are involved with or aware of abuse (physical, sexual, emotional or forms of neglect) of a child, elderly person, or persons with a disability.*
- *I have been subpoenaed by the court.*

By **signing** this form, you agree to the risks to your confidentiality posed by digital, electronic, cellular communications, and outdoors and understand confidentiality reporting requirements of licensed mental health professionals in the State of Texas.

### **Grievance/Complaints:**

Grievances/Complaints can be submitted to:

Texas Behavioral Health Executive Board  
333 Guadalupe St., Ste. 3-900  
Austin, Texas 78701  
Tel. (512) 305-7700

Or call the 24-hour complain hotline at 1-800-821-3205

<https://www.bhec.texas.gov/discipline-and-complaints/index.html>

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Client Signature: \_\_\_\_\_ Date: \_\_/\_\_/\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_/\_\_/\_\_

Provider: Shelley L. Imholte, PhD, LCSW/Texas Social Work License Number 51195

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